

BCMA Bullytin



Newsletter of the Bulldog Club of Metropolitan Atlanta

January 2010



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FROM THE EDITOR

HAPPY NEW YEAR! I hope you've all had a safe holiday season and the New Year brings good things for you, your family, and most of all your Bulldogs! Remember we are working diligently on the upcoming specialty shows to be held the last weekend of February. Any help you can provide is appreciated. Make 2010 the year to become an active part in the BCMA. Our goal is to protect the interests and advance the welfare of our breed.

Annette Nobles

CLUB NEWS

Remember we still need lots of help with our upcoming specialty shows in February. We need auction items, help with set up and breaking down, food for hospitality, and donations for goody bags. Even if you cannot be at the shows you may have other talents or contacts that will be of help to us. Please contact Alison Palmer, Show Chairperson, if you can be of assistance at lovemybullies@aol.com or call 404-694-8580.

If you've not been to our shows in the past few years and would like a sneak peak, attend our upcoming February meeting on the 10th at the show site, the Holiday Inn Select. Plan to have dinner in their restaurant if you are hungry. Enjoy the program "**Everything You Always Wanted to Know about Dog Shows but Were Afraid to Ask**".

DOGGONE IT, WE NEED YOU! Please remember your 2010 dues! If you've not mailed them yet, please send to Annette Nobles P.O. Box 334 Cochran, GA 31014. Remember if your membership was approved after Oct. 1 of 2009 you are paid through 2010.

Have ideas or presenters for program topics? We are in the planning stages for programs this year and would like to offer something of interest to all. Please let us know what you would like to see presented or if you have resources. E-mail Vanessa Mosher at pmings2@bellsouth.net.

MEETING NOTICE

February 10, 2010
WEDNESDAY

**LOOK! NEW HOURS FOR THIS
MEETING ONLY!**

**7:00 PM REGULAR MEETING
BEGINS**

6:30 PM BOARD MEETING BEGINS

**HOLIDAY INN SELECT
4386 Chamblee Dunwoody Road
Atlanta, GA**

**PROGRAM: Everything You Always
Wanted to Know About Dog Shows and
Were Afraid to Ask.** Whether you are an
oldie or newbie this program will have
information for you! Don't miss it!
Remember also the hotel has a restaurant
so if you do not have time to eat you can
dine there.

QUOTE OF THE MONTH

**No matter where life takes you.
It's special when a bulldog is beside
you!**

Unknown

DOGGY HUMOR



**"I'm setting up a MySpace page, but I can't figure
out how to let my friends sniff me over the Internet!"**

NEW CHAMPION

Congratulations to Ron Murphy and Judi Pavey on their
new champion

**Ch. Murphy's Lady Charmin of Windsor
Charmin has an impressive show record:**

WB/BOS-September 26th

WB/BOS-September 27th

WB-October 3rd

WB/BW 5pt major-October 17th

WB/BW 5pt major-October 18th

Charmin is WB 5 out of 8 trips into the ring and now just
needs 2 singles

Charmin wins the Open Bitch Class, Div VI show 2009
Nationals Week

WB/BW-January 11th 2pts **New Champion**



**BULLDOG CLUB OF AMERICA
DIVISION VIII**

SPECIALTY SHOW

FRIDAY ♦ FEBRUARY 26, 2010

**BULLDOG CLUB OF METROPOLITAN
ATLANTA**

**SPECIALTY SHOW & SWEEPSTAKES
SATURDAY ♦ FEBRUARY 27, 2010**

**BULLDOG CLUB OF METROPOLITAN
ATLANTA**

SPECIALTY SHOW

SUNDAY ♦ FEBRUARY 28, 2010

at the

**Holiday Inn Select Dunwoody
Atlanta, Georgia**

Please plan to join us for an exciting 3-day
weekend of specialty shows and Southern
Hospitality.

We have lots of winter puppies to announce. Congratulations to James and Cathy Miller, Ron Murphy and Judi Pavey, Ricky and Annette Nobles, Mac and Charlene Munro and Herrell and Angie Collins on recent new baby bulldogs!



Everybody's Gone Surfin' (Part One) REPRINTED WITH PERMISSION FROM DR. NANCY KAY (SPOT SPEAKS)

When you or a loved one develops a medical issue, chances are you'll be inclined to do some Internet research. While I say, "More power to you!" other medical professionals might roll their eyes at the thought of "wasting" valuable time discussing potentially "whackadoodle" notions gleaned from cyberspace.

Part one of "Everybody's Gone Surfin'" will teach you how to find instructive, accurate, worthwhile Internet information while avoiding "online junk food." Part two (coming soon) will provide you with tools to assist in comfortably discussing what you've learned online with your veterinarian, in a way that promotes collaborative discussion. By the way, although I'm a veterinarian teaching people how to better care for their furry and feathered family members, please know that this information also applies to your own health care.

So, let's begin. How can you determine whether or not a Web site is dishing out information that is worthy of your time? Here are some general guidelines:

1. Ask your veterinarian for his/her Web site recommendations. He/she might wish to refer you to a specific site that will supplement or reinforce the information he/she has provided.
2. Veterinary college Web sites invariably provide reliable information. Search for them by entering "veterinary college" or "veterinary school" after the name of the disease or symptom you are researching.
3. Web addresses ending in ".org," ".edu," and ".gov," represent nonprofit organizations, educational institutions, and governmental agencies, respectively. They will likely be sources of objective and accurate information.
4. If your dog has a breed-specific disease, pay a visit to the site hosted by that specific breed's national organization.

5. Avoid business-sponsored Web sites that stand to make money when you believe and act on what they profess (especially if it involves purchasing something).
6. Be ever so wary of anecdotal information. It's perfectly okay to indulge yourself with remarkable tales (how Max's skin disease was miraculously cured by a single session of aromatherapy; how global warming is the cause of hip dysplasia), but view what you are reading as fiction rather than fact. As fascinating as these *National Enquirer* type stories may seem, please don't let them significantly influence the choices you make for your dog.
7. I really love disease-specific online forums. Check out those sponsored by Yahoo (<http://groups.yahoo.com>). Not only do they provide a wealth of educational information, members can be a wonderful source of emotional support- always a good thing for those of us who share our homes and hearts with an animal. If you are considering joining an online forum, I encourage you to look for a group that focuses on a specific disease (kidney failure, diabetes, etc), has lots of members, and has been around for several years. For example, an excellent Yahoo group K9KidneyDiet (addresses issues pertaining to dogs with kidney failure) has 3,391 members and has been up and running for eight years. A large group such as this typically has multiple moderators who provide more than one point of view (always a good thing) and greater round-the-clock availability for advice and support. Look for presentation of cited references (clinical research that supports what is being recommended). Such groups should have a homepage that explains the focus of the group and provides the number of members and posts per month (the more the better). They may have public archives of previous posts that can provide a wealth of information.

Listed below are three Web sites that discuss Addison's disease (an illness that can affect dogs and people- John F. Kennedy was diagnosed with Addison's disease). Now that you are an expert on evaluating Web sites, here is a little test of your skills. Which one of these three sites is worthy of your time and attention? Have a look and let me know what you think!

1. <http://addisonsdiseasebreakthroughs.com>
2. www.addisondogs.com
3. <http://www.natural-dog-health-remedies.com/addisons-disease-in-dogs.html>

Keep an eye out for Part Two of "Everybody's Gone Surfin" in which I will give you some tools for comfortably and effectively broaching the subject of your Internet research with your veterinarian!

Gordy's Corner



STRESS GETTING YOU DOWN?

SUBMITTED BY ANNETTE NOBLES

We always look forward to a new year as yet again an opportunity for a new beginning to our lives. This is a time when we reflect on the previous year, our accomplishments, our excitements, our disappointments, our sorrows, and so forth. Times are trying; people are facing financial burdens, job insecurity, aging parents and aging themselves. Would you believe there is a simple solution to helping us get through much of this stress without it taking a toll on our minds and bodies? And that each of you has this magical solution! A PET! Pets have been proven over and over to have a positive effect on our physical and emotional wellbeing. Did you know they can reduce stress, lower blood pressure, manage cholesterol, lower the risk of dying from heart disease, boost immune systems, improve mental health, provide children with ADHD opportunities to release excess energy, strengthen bones and muscles, and the list goes on? There is an excellent slide presentation and article entitled "27 Ways Pets Can Improve Your Health" on the WebMD web site and can be accessed here <http://pets.webmd.com/slideshow-pets-improve-your-health>. I just recently realized the very popular WebMD site has a section for Pet Health. Check it out! The site has lots of information on pet health and a forum for conversation with others. I think Dr. Kay would approve.

A rescue table is one of the highlights at the BCA Div. VIII and BCMA Specialty Shows in February. Rebecca Turpin, BCA's Georgia rescue representative, works hard to acquire donations of items for raffle. The proceeds from these help with Bulldog rescue. What cause could possibly be more worthy? If you have items you can donate for raffle, or if you would like to make a monetary donation please contact Rebecca at rerhino@quixnet.net

Remember

Any websites, products, or books featured in this newsletter ARE NOT solicitations or endorsements by the BCMA. They are simply shared suggestions for products, sites, etc. that have been enjoyed by various members. Opinions expressed in this newsletter are those of the contributor and do not necessarily reflect the opinions or policy of its editor, the Bulldog Club of Metropolitan Atlanta, or its officers. The editor or BCMA takes no responsibility for statements or claims made in advertisements and reserves the right to reject or edit all material. As with any medical advice please consult with your veterinarian first.

NEEDED: In you would like to share any information, pictures, interesting family info, brags shopping sites (web or otherwise), web sites, products, or books please contact me at anobles@aol.com, or 478-396-9772. Also, if you are interested in writing an article or doing research for the newsletter, assistance is appreciated. Remember I need for you to send me brags, even if I am at the show, I do not always have time to go back and look at results. Brags are not always show brags, submit any bully accomplishments you would like to share.